

# Program for Forskningens dag

15. mai 2017 – Bikuben

- 9.00-9.20 **Velkommen med musikalsk innslag**  
Hans Olav Instefjord, Divisjonsdirektør, Divisjon psykisk helsevern
- 9.20-9.35 **Innlegg fra foretaksledelsen**  
Eivind Hansen, Adm. dir. Haukeland Universitetssjukehus
- 9.35-9.55 **Årsrapport for 2016 og pris for årets publikasjon 2016**  
Ketil J. Ødegaard, professor dr.med og Forskningssjef, Divisjon psykisk helsevern
- 9.55-10.10 **Brukernes rolle i forskning**  
Anne Blindheim, Erfaringskonsulent Kronstad DPS – inkl. medikamentfri behandling
- 10.10-10.20 **Pause**
- 10.20-10.50 **Immunological aspects of schizophrenia and relevance for new treatments**  
Iris Sommer, professor of psychiatry UMC Utrecht
- 10.50-11.05 **Inflammation in adolescent/young adult psychosis: a new project**  
Rune Kroken, avdelingsoverlege og førsteamanuensis II, UiB
- 11.05-11.30 **CoE NORMENT – recent discoveries and plans for next period**  
Ole A. Andreassen, professor dr.med, SFF NORMENT, KG Jebsen Senter for Psykoseforskning
- 11.30-12.30 **Lunsj og poster tour**
- 12.30-12.50 **INTROMAT**  
Tine Nordgreen, psykologspesialist og førsteamanuensis, UiB, prosjektleder INTROMAT
- 12.50-13.20 **PRIORI and Longitudinal voice patterns in bipolar disorder**  
Melvin McInnis, professor and M. D., Dept. of Psychiatry, University of Michigan Health System
- 13.20-13.45 **KG Jebsen Centre for Neuropsychiatric Disorders; current status and future plans**  
Jan Haavik, professor dr.med, KG Jebsen Centre for neuropsychiatric disorders
- 13.45-13.55 **Pause**
- 13.55-14.15 **LAR-behandling og barn – hvordan påvirkes utviklingen? Litt om resultater fra MR-studien: Barn eksponert for rus i svangerskapet**  
Eivind Sirnes, PhD-stipendiat og overlege
- 14.15-14.45 **Screening identifiserer barn med ESSENCE**  
Carmela Miniscalco, dosent i logopedi og klinisk lektor, Gillbergcentrum, Göteborgs universitet
- 14.45-15.00 **Poster tour og lett servering**
- 15.00-15.25 **Biomarkører i behandlingen av Anorexia Nervosa**  
Ute Kessler, seksjonsoverlege og førsteamanuensis II, UiB  
Guro Årdal Rekkedal, psykolog og PhD
- 15.25-16.10 **Brief, intensive and concentrated CBT for anxiety disorders**  
Lars-Göran Öst, psykolog og professor emeritus i klinisk psykologi, Stockholms universitet
- 16.10-16.15 **Avslutning m/pris for beste poster**

## Foredragsholdere – Forskningens dag

---



Prof. dr. **Iris Sommer** obtained her PhD in 2004 on language lateralization in schizophrenia. After she finished her psychiatry residencies she worked as a psychiatrist in University Medical Center (UMC) Utrecht, the Netherlands, where she started the Voices Clinic. She leads a research group investigating the pathophysiology and treatment of schizophrenia with an aim to improve future perspectives for patients with schizophrenia and other complex brain disorders. Her methods to better understand common symptoms of complex brain disorders are broad and include various brain imaging techniques (EEG, MEG, DTI, fMRI, sMRI, MRS), phenomenology, epidemiology, focal brain stimulation (rTMS, tDCS), (epi)genetics and proof of concept studies. She has made important progress especially in the understanding and treatment of hallucinations.

Prof. dr.med. **Ole A. Andreassen** is affiliated the Division of Mental Health and Addiction, Oslo University Hospital, and the Institute of Clinical Medicine, University of Oslo, and is the director of the Centre of Excellence NORMENT, KG Jebsen Centre for Psychosis Research. He is a specialist in psychiatry from the Oslo University Hospital, where he currently works with assessments and treatment of bipolar disorders. He has previously been engaged in basic neurosciences research at the Harvard Medical School, and as a PhD student at the University of Bergen. Dr. Andreassen's scientific interests are in the areas of translational research in severe mental illness, especially studies on associations between genetics and environmental bases and somatic health in severe mental illness. He is an experienced lecturer at the Faculty of Medicine and Oslo and Akershus University College of Applied Sciences, and the supervisor of a number of PhD students.



**Melvin G. McInnis**, MD, FRCPsych, is professor of psychiatry in the Department of Psychiatry, University of Michigan School of Medicine, and associate director of the University of Michigan Depression Center. Dr. McInnis is the Thomas B. and Nancy Upjohn Woodworth Professor of Bipolar Disorder and Depression. He directs the bipolar clinical and research programs at the University of Michigan Depression Center. He is the Scientific Director and Principal Investigator of the Heinz C. Prechter Bipolar Research Fund, leading a team of over 30 faculty and staff with several projects focused on bipolar disorder. They include collaborative programs using induced pluripotent stem cells (iPSC) to model bipolar disorder, the use of mobile technology to monitor and predict mood states changes in the illness, as well as assessments of cognitive capacity of individuals with bipolar disorder.

## Foredragsholdere – Forskningens dag

---

**Carmela Miniscalco** is Associate Professor in speech and language pathology and a clinical lecturer at the Division of Speech and Language Pathology and the Gillberg Neuropsychiatry Centre at the University of Gothenburg. She has worked clinically with children with speech and language difficulties for over 25 years and has always been interested in children with ESSENCE. She is one of the project leaders of AUDIE (AUTism Detection and Intervention in Early life) – a project which was conducted at Child Neuropsychiatry Clinic in collaboration with child care centres and autism habilitation centres in Gothenburg 2009-2011. Her main interest within the clinic, research and teaching is the development of language and communication and language disorders in children with autism.



Photo: Josefin Bergenholtz



**Lars-Göran Öst** is a psychologist and professor emeritus in clinical psychology at Stockholm University, Sweden. Öst is one of the most eminent clinical researchers in the field of cognitive behaviour therapy (CBT) and a founder of CBT in Sweden. He was also one of the five researchers founding the European Association for Behaviour Therapy (now EABCT) in 1971 and the founder of the World Congress Committee for CBT in 1994. Examples of his innovative and pioneering new treatment methods include the one-session treatment for specific phobias, as well as applied relaxation for a range of anxiety disorders and health conditions. While Öst remains active in the field, he has contributed significantly to the development and dissemination of CBT in Sweden as well as in the world.