



Anne, 43 year old female with IBS-D and abdominal pain

- Married, two sons, working as a nurse.
 - GI-symptoms since early teens.
 - Often tired and a feeling of low energy
 - Has consulted her GP many times over the years and have also underwent multiple GI-investigations
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Symptoms

- Frequent bowel movements (BM), loose
 - Abdominal, lower pain that relieves with defecation
 - Abdominal bloating
 - Nausea
 - Loss of energy
 - Low QoL (irritated, affected sexual relation, avoidance of social events, absence from work..)
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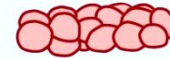
Bristol Stool Form Scale

Lång
passagetid
(dvs. 100 tim)

Typ 1 Små, hårda klumpar, "harlortar",
som små nötter, svåra att få ut.



Typ 2 Korvformad, men knölig.



Typ 3 Som en korv, men med sprickor
på ytan.



Typ 4 Som en korv eller orm, jämn och
mjuk.



Typ 5 Mjuka klickar med skarpa kanter.



Typ 6 Fluffiga bitar med ojämna kanter,
en grötig avföring.



X

Kort
passagetid
(dvs. 10 tim)

Typ 7 Vattnig, inga fasta bitar.




X


Endoscopy

- Gastroscopy?
- Sigmo/colonoscopy?
- Ultrasound ULFU?


History of previous investigations..

- Gastroscopy normal 2015
 - Abdominal ultrasound 2016 normal
 - Colonoscopy 2015, normal
 - Multiple blood work up over the years- all normal
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History of previous treatments..

- PPI – no effect
 - Paralgin forte 4-6 pro day
 - Tramadol
 - Neurontin
 - Ibux 600 mg
 - Low-FODMAP some effect
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Diagnosis

- IBS since 2008 (GP)
 - Comfortable with diagnosis
 - Patients agenda is to relive symptoms
 - In spite of this repeated investigations..
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DD

- IBS in patient with Crohns disease
- IBS-C?
- Celiac disease?
- Non-celiac gluten hypersensitivity
- Chronic pancreatitis?

Treatment

- Fiber?
- Constella?
- Resolor?
- Truberzi?
- Low Fodmap?

Truberzi (Eluxadoline) in a case of IBS-D with abdominal pain

TH



Consultation at HUS April 2017

- Patients agenda is to relieve symptoms
 - No specific worry for “serious disease”
 - Fulfills ROME- IV criteria for IBS-D
 - No alarm symptoms present
 - Prescribed Truberzi 100 mg x 2
 - Consultation July 2017 excellent effect, reduced truberzi 75 mg x 2
 - Consultation Sept 17 still happy
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