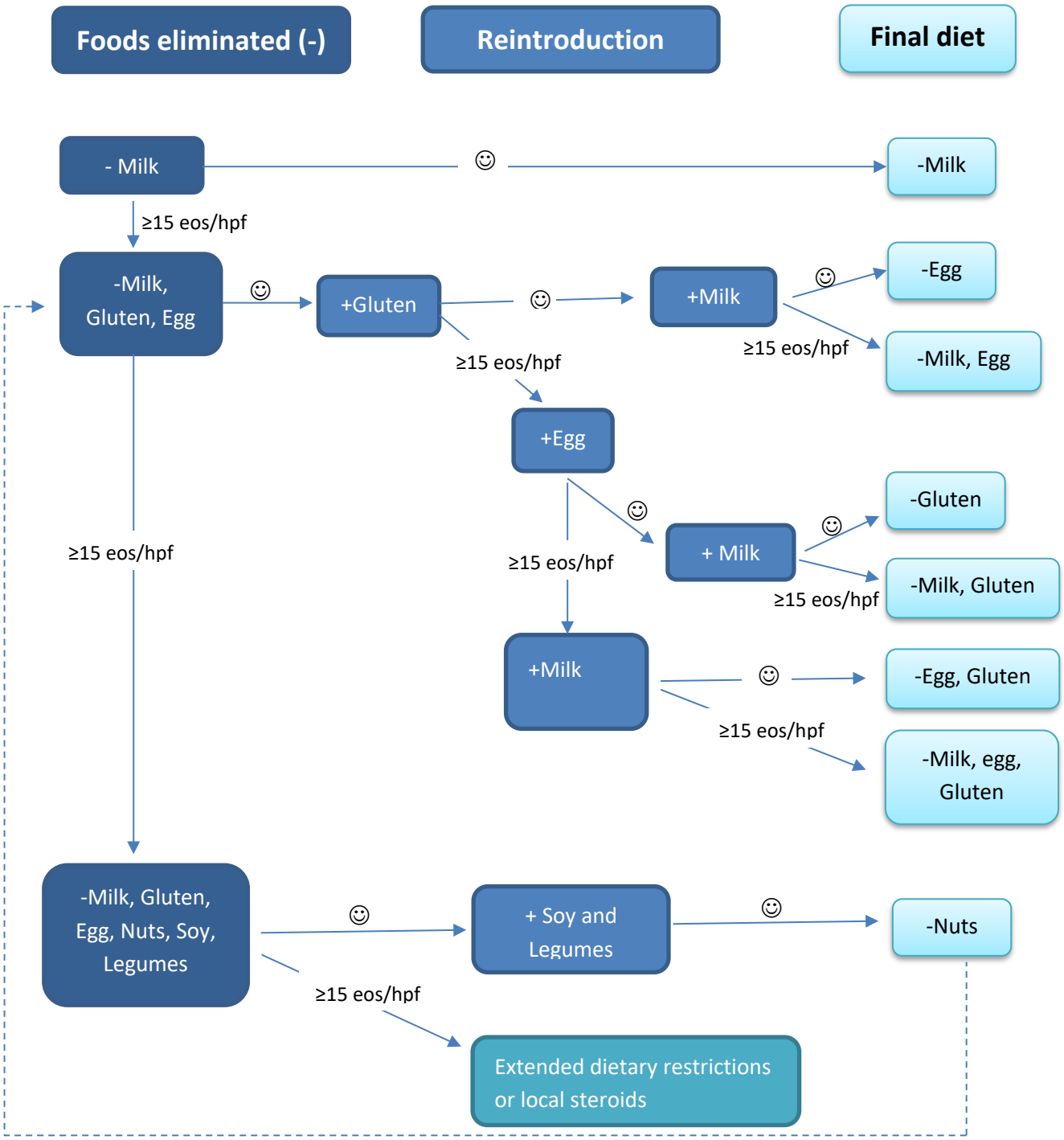
Foods eliminated (-)
Reintroduction
Final diet
- Milk
☺
-Milk
≥15 eos/hpf
-Milk, Gluten, Egg
☺
+Gluten
☺
+Milk
☺
-Egg
≥15 eos/hpf
-Milk, Egg
≥15 eos/hpf
+Egg
☺
+ Milk
☺
-Gluten
≥15 eos/hpf
≥15 eos/hpf
-Milk, Gluten
+Milk
☺
-Egg, Gluten
≥15 eos/hpf
-Milk, egg, Gluten
-Milk, Gluten, Egg, Nuts, Soy, Legumes
☺
+ Soy and Legumes
☺
-Nuts
≥15 eos/hpf
Extended dietary restrictions or local steroids