

# Guidelines for applying for treatment abroad

The Patients' and Users' Rights Act § 2-4 a, second paragraph, letter a

## The application must be submitted either digitally or by paper mail:

eDialog: https://svarut.ks.no/edialog/mottaker/983974724 Paper mail: Helse Bergen HF, Enhet for utenlandsbehandling, Postboks 1400, 5021 Bergen

Do not send the application by email.

#### Guidelines for completing the application

The terms are:

- 1. The patient must be entitled to necessary healthcare in the specialist health service
- 2. There are no treatment options available in Norway due to a lack of competence, or the health care provided abroad is documented to be more effective than the health care provided by the public sector in Norway.

Other guidelines:

- Lack of capacity/long waiting time does not entitle you to treatment abroad under these rules.
- As a general rule, experimental or experimental treatment is not covered.
- Health care that has been decided not to be introduced in Norway will not be granted.

## **Personal information**

All relevant fields must be filled in. Note that the application must be sent to the foreign unit in the health region where the patient resides according to the National Registry.

#### Urgency

If the application should be processed within two weeks, the treatment provider must notify the foreign unit by telephone.

#### Place of treatment abroad

It is important that both postal address and visiting address are stated in the application. If there has been contact with the treatment provider beforehand, the contact person must be listed.

## Companion

One parent as companion for children is always granted.

Companion for an adult patient is granted only when there are medical or treatment reasons for this.

#### Attachment

In order to ensure prompt and correct processing of the application, sufficient medical information should be enclosed. If desired, an additional information may be attached in a separate document.

#### Comments

Additional information relevant to the application.

State whether a time for treatment has already been agreed.

## General information about the case processing

- Applications should be submitted well in advance of planned treatment.
- This Office sends letters digitally (eDialog) or by paper mail. E-mail is
- The patient and therapist will receive information about the decision.
- Upon granting an application, a payment guarantee will be sent to the treatment provider abroad.
- Information about procedures for travel arrangements is included with the decision.
- The therapist is responsible for contact with a foreign treatment provider in medical matters, including referral and exchange of medical information.

## Addresses of the foreign entities

*Helse Vest:* Helse Bergen HF Enhet for utenlandsbehandling Postboks 1400, 5021 Bergen

55 97 07 56

utenlandsbehandling@helse-bergen.no

Helse Sør-Øst og Helse Nord

Oslo universitetssykehus Utenlandskontoret Direktørens stab Postboks 4956 Nydalen, 0424 Oslo

22 11 81 11

## *Helse Midt-Norge:* Kontor for utenlandsbehandling Fagavdelingen St. Olavs Hospital Postboks 3250 Torgarden, 7006 Trondheim 72 57 12 44